

**INSIDE
THIS
ISSUE:**

Palliative Care 2

Harley Owners
Group 2

Continuing
Education 2

Be a Guardian
Angel 3

Northside General
Cares! 3

From the Doctor's
Desk 3

Inspire! 4

Renal Dialysis Needs Your Help

The Northside/Harbourview Hospital Foundation is committed to supporting programs and services at the Northside General and Harbourview Hospitals for the ones we love.

This year, our priority is the purchase of new Renal Dialysis Machines and renovations to the entire unit. For our patients, renal dialysis is a way to artificially replicate some of the necessary functions of the kidneys which keep the body and blood healthy by removing harmful wastes from the blood. For those with chronic kidney failure, dialysis is the only way to filter out toxins.

In 2001, a new Renal Dialysis Unit was announced for the Northside General Hospital. Thanks to the

generosity of the community, this unit now has nine beds and allows for up to 32 patients a week to receive treatment.

Plans are currently under way to provide new comfort chairs with exercise attachments to assist patients with circulation. New flat screen televisions will replace the aging models and new paint and décor will create a more home like atmosphere for patients.

New flat screen televisions are the top priority on Valerie Ferguson's wish list. Valerie must receive renal dialysis treatments 3 days a week and spends four hours on the machine.



**Lynn Clarke– Vice Chair,
Renal Dialysis patient
Valerie Ferguson and RN
Maria Weir are pictured
here accepting a very
generous donation from
Walter and Theresa Pelley
for the Renal Dialysis Unit.**

New Patient Bus Arrives



This smiling face is courtesy of a very supportive community of donors that helped the Northside/Harbourview Hospital Foundation purchase a new patient bus in May 2013.

After close to one year of fundraising, the new bus is now providing the veterans and long term care patients of Harbourview and Northside General with the opportunity to visit restaurants and local historic sites.

Residents are looking forward to

their annual outing to see the fall leaves changing which they had to miss last year with no bus. This bus serves patients from Taigh Solas the Veteran's Unit and participants of the Senior's Day Program with the opportunity to enjoy activities outside of the facility.

A community came together to make this project a success and put a smile on the faces of so many patients in our hospitals.



Pictured: Lauren Andrews Northside/Harbourview Hospital Foundation, Jack and Millie Winstanley and patient Bernie Day.

*“ Four Wheels
move a body, two
wheels move a
soul”*



Pictured left: Foundation Chair Daniel McKeough, Emergency Room Nurse Kelly Vokey RN and ER Manager Duane Jessome, RN

New TV for Palliative Care Room

Bernie Day was in one of the Palliative Care rooms at Northside General when the Stanley Cup Playoffs were just beginning. At that time, the television in the room was not working.

Bernie was terribly sad that he would not be able to watch his beloved Toronto Maple Leafs in their game against the Boston Bruins on Friday, May 10th; however, due to the continued generosity of the Bras d'Or Florence and Area

Kinsmen and their recent gift to the Foundation, a new television for the Palliative Care room was purchased and installed. When the staff of fourth floor west told Bernie that he would indeed be able to watch the playoff game from the comfort of his room, he was overjoyed!

The Toronto Maple Leafs went on to win the fifth game of the series, which was the icing on the cake for Bernie.

It is the continued generosity from the community that enables the Northside/Harbourview Hospital Foundation to provide comfort items for patients like Bernie.

Rooms on the fourth floor are decorated in such a way that provides patients and their families with an atmosphere that feels more like home.

Harley Owner's Group

The Cape Breton Chapter Harley Owner's Group showed their support this year by selling tickets on a 2013 Harley Road King. All proceeds from this project were shared with the Northside/Harbourview Hospital Foundation and the Children's Wish Foundation. The lucky winner of the motorcycle was Cathy Dolomont of Sydney. This was

the first time the Northside/Harbourview Hospital Foundation partnered with the Children's Wish Foundation and certainly will not be the last. The Harley Owner's Group are beginning their plans now for the 2014 draw. Proceeds from the draw this year have been designated to the Renal Dialysis Project at the Northside General

Hospital. Work is scheduled to begin Spring 2014.



Education for Employees

Supporting employees furthering their education and skill development is very important to the Northside/Harbourview Hospital Foundation

The Foundation has been supporting employees with education funds for almost

20 years. Education not only benefits our patients and employees but it improves health care. This means better care for the ones we love.

Throughout the year the Foundation is able to provide Education Grants to

employees of the Northside General and Harbourview Hospitals.

For more information regarding our educational opportunities, please contact the Foundation Office at 794-5402.

Guardian Angel Program Inspires Generosity



By joining the Foundation's *Guardian Angel Program*, your monthly gift helps care for the ones we love at Northside

General and Harbourview Hospitals.

Becoming a part of our community of supporters means you will be partnering with us on our mission to improve healthcare at our two hospitals. Your gift allows us to plan ahead, so that any gift makes an ongoing difference.

Monthly giving is a convenient way to support your Hospital Foundation. At the end of the

year, you will receive one tax receipt for the total amount of your donation.

As a token of our gratitude, we will send you an exclusive Guardian Angel Pin and add your name to our list of donors on our Wall of Appreciation.

"You can't live a perfect day without doing something for someone who will never be able to repay you". ~ John Wooden

Everyone at Northside General Cares!

My Dad has been in hospital on and off since October 2012. He is recuperating from his third surgery since his admittance last fall.

While sitting with Dad, often from early morning until late at night, I had the opportunity to observe the hospital staff at their finest. Dad's family doctor visited him every morning. His kind and gentle manner calmed Dad and usually made him laugh. A special thank you to Dr. Michelle McKeough for his excellent care and treatment of Dad over the years.

Dad was operated on by two surgeons, Dr. Rowen Jhiraud &

Dr. Phil Smith. Both men were terrific with Dad. They explained the need for his procedures and the successful outcomes with words that were both reassuring and comforting to Dad. Special thank you to those surgeons for giving Dad a chance to live his life free of pain and suffering.

The nursing staff under Denise Graveline's superb supervision has to be commended. The surgeons said that Dad's recovery was in part due to the excellent quality of care administered by the nursing staff.

The compassion and kindness shown to my Dad on a daily basis brought tears to my eyes on many

occasions. I sincerely appreciate the time taken by the hospital staff to make my Dad feel happy and comfortable, from the smiles or jokes of the ladies that cleaned his room to the great occupational therapists that took Dad for "a dance" each day. A special thanks to the security guards who took the time to escort me to my car late at night— often in snow storms.

The quality of health care is second to none at Northside General Hospital.

Thank you to all,
Frances Jessome Brown

"I had the opportunity to observe the hospital staff at their finest."

Dr. Bernie MacIntosh

Clinicians and support staff seize every opportunity to provide patients with a better, more personalized experience and improved health. Where others see challenges, our team sees opportunities.

Northside General and Harbourview Hospitals provide services to residents needing anything from routine blood work or an Xray, to patients requiring our diabetic clinic services or renal dialysis. My family uses the services of Northside General Hospital, my

neighbors use the services and so do my patients.

I am proud to support the Hospital Foundation because they provide the funding these hospitals need for my family, neighbors and for my patients.



**Northside/Harbourview
Hospital Foundation**

PO Box 399
North Sydney, NS
B2A 3M4
Phone: 902-794-5402
Fax: 902-794-5425
E-mail: andrewsl@cbdha.nshealth.ca

Care With Us!

The Northside/Harbourview Hospital Foundation raises funds for the purchase of medical equipment and services at both the Northside General and Harbourview Hospitals. While our primary mandate is to raise funds for medical equipment, we also support a Veterans' Unit, Palliative Care, Rehabilitative Services, early Cancer Prevention and other specific areas.

Please contact us at anytime to make a donation, ask questions or offer your feedback.

We are inspired everyday by the stories from patients and their families. If you'd like to share your story please contact our office.

www.northsidehospitalfoundation.ca

Donors Inspire With Their Passion and Commitment

The Foundation and our valued donors are key partners in supporting our ability to provide the best hospital care we can at Northside General and Harbourview Hospitals. We feel very fortunate to have a community of individuals, businesses and volunteers who make a difference in the well being of their communities.

This year, your generous gifts have helped purchase a new patient bus and two important pieces of equipment for locating and removing cancerous lymph nodes. Thanks to our donors, we have been able to renovate three rooms for early cancer prevention and screening and provide a large outdoor gazebo

for the residents and families of Harbourview. We are also very proud of the educational opportunities provided to our employees to help them better care for the ones we love.

Our heartfelt thanks to both Northside General and Harbourview Hospital's leadership, physicians, nurses, support staff and volunteers who inspire us daily with their kindness to the patients they serve.

It has been a busy year and we'd like to thank the volunteer Board of Directors for the commitments they have made to support our hospitals.

A great team is so important! Thanks to the hard work of our staff, Dana Brewer and Lauren Andrews for your dedication.

We recognize that donors have many choices and we are privileged to have the growing support of so many individuals and organizations who have stepped forward to help- THANK YOU!

*Daniel McKeough,
Chair*

*Rochelle Hatcher,
Executive Director*

*Northside/Harbourview
Hospital Foundation
Board of Directors*